

# Medicare Annual Wellness Visit Basic Health Risk Assessment

Name \_\_\_\_\_ DOB \_\_\_\_\_ Today's Date \_\_\_\_\_

1. How is your general health?

|           |           |      |      |      |
|-----------|-----------|------|------|------|
| Excellent | Very good | Good | Fair | Poor |
|-----------|-----------|------|------|------|

2. Do you need assistance with daily activities?

|                      |                 |       |           |          |
|----------------------|-----------------|-------|-----------|----------|
| Dressing/<br>Bathing | Walking         | Phone | Transport | Shopping |
| Meal<br>Prep         | House<br>Chores | Meds  | Finances  | Other    |

3. Do you have a caregiver helping you at home?

|                  |                   |       |      |
|------------------|-------------------|-------|------|
| Family<br>Member | Paid<br>caregiver | Other | None |
|------------------|-------------------|-------|------|

4. Do you feel your home environment is safe?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

5. Are you having memory issues or are family members concerned about your memory?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

6. Do you exercise? How many times a week?

|     |    |       |
|-----|----|-------|
| Yes | No | _____ |
|-----|----|-------|

7. Have you had problems with bladder control?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

Please list other providers you see.

|  |  |  |
|--|--|--|
|  |  |  |
|  |  |  |
|  |  |  |

8. Do you have issues with your hearing?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

9. Do you have issues with anxiety/depression?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

10. Can you afford your medications?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

11. Do you have an advanced directive/living will?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

12. Have you used opioid containing pain meds in last 6 months?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

13. Have you had any falls in the past year?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

14. How is your balance?

|           |      |      |
|-----------|------|------|
| Very good | Fair | Poor |
|-----------|------|------|